

# Starting college or university

## What to expect

Yoh, it's a new chapter in your life! Going to tertiary can be an exciting time: you're young enough to be free and have fun, but old enough to shape your future.

Tertiary is like high school in some ways (classes, studying, exams), but it's also different.

### Here are some things you can expect:

- **You have a lot more freedom now.** There are no bells, no teachers checking if you are in class, no uniforms.
- **Depending on the course you're taking, you could have the chance to choose classes you want to take.** You can choose things that interest you and that will help you in your future career.
- **With freedom comes responsibility.** It'll be up to you to decide how you want to manage your time and how hard you want to work. Figure out a weekly schedule that gives you enough time to finish your work.
- **Tertiary should be fun too.** You'll get the chance to meet new people and make lifelong friends. Campus will have lots of clubs and social events - get involved and make the most of it!
- **If you are struggling with something, you can ask for help.** Your campus has lecturers and tutors who can help you with your academic work; a health centre or clinic for if you are sick or hurt; and a counselling service if you need emotional support. It's up to you to use the help that's there for you.

Wherever you are going for your tertiary education, make the most of it! For more on making and keeping friends, click [www.bwisehealth.com/article/how-to-make-and-keep-good-friends](http://www.bwisehealth.com/article/how-to-make-and-keep-good-friends)

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