

10 reasons to get vaccinated

“Getting medicine for many illnesses can cost a lot of money, while vaccinations are free at your local public clinic”

The decision to get vaccinated is important to the overall health of you and your siblings or children. Here are some reasons why you should make sure you get all the vaccinations that are recommended:

1. You may be at risk of getting a serious disease that could be prevented by a vaccination.
2. Getting medicine for many illnesses can cost a lot of money, while vaccinations are free at your local public clinic.
3. If you get infected with a disease you can also make other people around you sick as well.
4. Vaccines can prevent complications from certain diseases if you have a chronic disease, like HIV or TB.
5. If you get sick your school or work may ask you to stay at home because you can make others sick as well. This means you could miss days and important activities like tests and meetings.
6. If you are vaccinated it protects those who cannot get vaccinated, like those with cancer or new born babies.
7. Vaccinations protect you from picking up foreign diseases when you travel.
8. Vaccinations help your immune system become strong, keep you healthy and also to keep those around you healthy as well.
9. Vaccines are safe and work very well. They can stay in your body for a long time and will protect you for many years.
10. Being vaccinated can give you peace of mind.

So what are you waiting for, get to your local clinic to find out which vaccines are right for you, your siblings or children!