

# What Youth Day means to YOU

**“YOU are  
free to go  
where YOU  
want”**

June 16 – Youth Day – Soweto Uprising – Hector Pieterse – Bantu Education... You may be thinking, what's this got to do with me?

June 16, commemorated annually as National Youth Day, is about honouring the bravery of thousands of Soweto schoolchildren on a day that changed the course of South Africa's history and gave us the freedoms we have today.

Today, YOU are free to go where YOU want, to be friends with whom YOU choose, to attend the schools and universities that YOU want and to learn in a language that YOU are comfortable with.

YOU can voice YOUR opinions and make sure YOU are heard. YOU have access to the news, internet and social media that keep YOU updated and give YOU the platform to express YOUR thoughts and opinions. YOU have the power and freedom to connect and make a difference. So during Youth Month, take some time to look back at how far we have come and celebrate young people. Use the month to remember the power of YOU; connect and make a difference!

If you want to know more about Youth Day, you can read our article on why June 16th is such an important day: <https://bwisehealth.com/article/why-june-16-is-such-an-important-day>

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