

# Have more questions About HIV?

## Is there a cure for HIV?

No, but doctors have created powerful medicines that can save your life if you are HIV-positive called antiretrovirals (ARVs) or antiretroviral therapy (ART). They do not kill the virus but stop the HIV from making more and more HIV in your body.

## How do ARVs work?

Every time you take your ARVs, you top up the amount of ARV there is in your blood. When you keep your ARV level in your blood high, this pushes the HIV in your body down and stops HIV from attacking and killing your CD4 (soldier) cells. Your CD4 cells need to be able to fight other illnesses and infections so you stay healthy. The ARVs make your CD4 cells stronger, so it's important to take your ARVs every day. Every time you miss or forget to take your ARVs, the HIV level in your body increases.

## What are CD4s?

CD4s are soldier cells that protect your body from infections. Doctors and nurses will count how many CD4 cells you have to see how strong your body is to fight the HIV.

## Can still I pass HIV to someone if I am taking ARVs?

Yes you can. If you take your ARVs everyday there will be less HIV in your body, but it is still there.

## Can still I have children one day?

Yes you can if you are healthy enough and take your ARVs every day. But when you decide to have children, it is important to talk to a doctor or nurse about this first. They will tell you how to do it safely.

Got more questions about HIV? Ask an expert on [www.bwisehealth.com](http://www.bwisehealth.com) for free!

**“There is no cure for HIV, but doctors have created powerful medicines that can save your life if you are HIV-positive...”**

